

Recruitment



PRESEPARATION COUNSELING

Separation



Mandatory Briefing

- **12 Months - Separatee**

- **24 Months - Retiree**

- **Minimum - 90 days**

- **Recommended 180 days**

- ✓ **Transition Timeline in back of Turbo-TAP handout**

- ✓ **Presep is a prerequisite for TAP**

Referral: [HTTP://WWW.TURBOTAP.ORG/](http://www.turbotap.org/)

Effects of a Career Change #10

- **Stress is inevitable during change**

- **Finances**
- **Job**
- **Location**
- **Family attitudes**
- **Identity**

- **Acknowledge symptoms**

- **Constant fatigue**
- **Headaches**
- **Sleeping disorder**
- **Nervousness**
- **Irritability**
- **Anger**



Effects of a Career Change #10

❖ Sources of Assistance:

- Base Chaplain
- Behavioral Health Clinic
- ✓ Military Family Life Consultant (MFLC)
- Local Department of Veterans Affairs (VA)
- Base Education office
- Community Service Agencies
- Local Support Groups
- Local Library or Bookstore
- ✓ Maintain good health & fitness
- ✓ Military One Source 800-342-9647

Referral: A&FRC, Bldg 150, 777-4681

Employment Assistance #11a

- **DWS One-Stop Centers**
- **DoL/DWS sponsored workshops**
- **One-on-one Outreach assistance**
 - **DWS is available nonTAP Thursdays @ AFRC from 0730-1200 by appt**
 - **May also make appt with a CRC/CRT preferably after TAP completion**
- **A&FRC programs/workshops**
 - **Be sure to check our monthly calendar!**
 - **USAjobs & local job search are most popular**
- **Post-military employment help**
- ✓ **Network!**

Referral: A&FRC, Bldg 150, 777-4681

DoL Transition Assistance Employment Workshop #11a

- 4 day seminar/ Mon-Thur/ 0800-1600/ held bi-weekly
 - Primarily designed to market yourself for a 2nd career and prepares you to enter the civilian job market
 - Covers assessment, resume writing, job search, interviewing, negotiation, networking, market research and all VA benefits.
 - ✓ Bring copies of draft resume, EPR's or OPR's, copy of VMET, any awards, and a WIFI capable laptop.
 - ✓ Stress desire to attend with supervisor/commander

**Sign up
early!**

Booked 4-6 weeks out



**Registration
Required!**

Referral: A&FRC, Bldg 150, 777-4681

Verification of Military Experience and Training (VMET) #11b

- **Contents**
 - Primary and duty AFSC history
 - Formal training courses & PME
 - Shows dates and length of classes in hours
- **Utilization**
 - Excellent resource for resume preparation
 - Bring to TAP Employment Workshop
 - **Contact HQ AFPC/DPSIAF or servicing MPS for corrections**
- **How to Access / PRINT and VERIFY accuracy**
 - <https://www.dmdc.osd.mil/appj/vmet/index.jsp>
 - Use CAC card on gov't computer
 - Use My Pay pin number from home

Referral: A&FRC, Bldg 150, 777-4681

DOD Job Search #11c

- Official web resources for Veterans

- WWW.CAREERONESTOP.ORG (TRANSITION INFO)
- WWW.DODTRANSPORTAL.DOD.MIL (TAP INFO)
- WWW.DOL.GOV/VETS/ (DOL VET INFO)
- WWW.FEDSHIREVETS.GOV/INDEX.ASPX (VET INFO)
- WWW.USAJOBS.GOV/ (FEDERAL)
- WWW.JOBS.UTAH.GOV/ (LOCAL/CITY/STATE)
- WWW.JOBCENTRAL.COM/VETCENTRAL/
- WWW.JOBBANKINFO.ORG/ (JOB BANK MAP)
- WWW.MILITARY.COM/ (GEN INFO)
- WWW.HELMETSTOHARDHATS.ORG
 - ✓ Congressionally funded – quickest method

Referral: A&FRC, Bldg 150, 777-4681



Troops to Teachers #11e

- **Second career as public school teacher K-12**
- **Ret/Sep w/6+ yrs & Reserves commitment**
- **Honorable discharge/ >Bachelors Degree or equivalent**
- **Up to \$10K bonus/\$5K certification stipend**
 - **3 yr commitment to low-income**
- **Free mentorship via DAN TES**
 - **WWW.PROUDTOSERVEAGAIN.COM**
 - **WWW.DANTES.DODED.MIL**

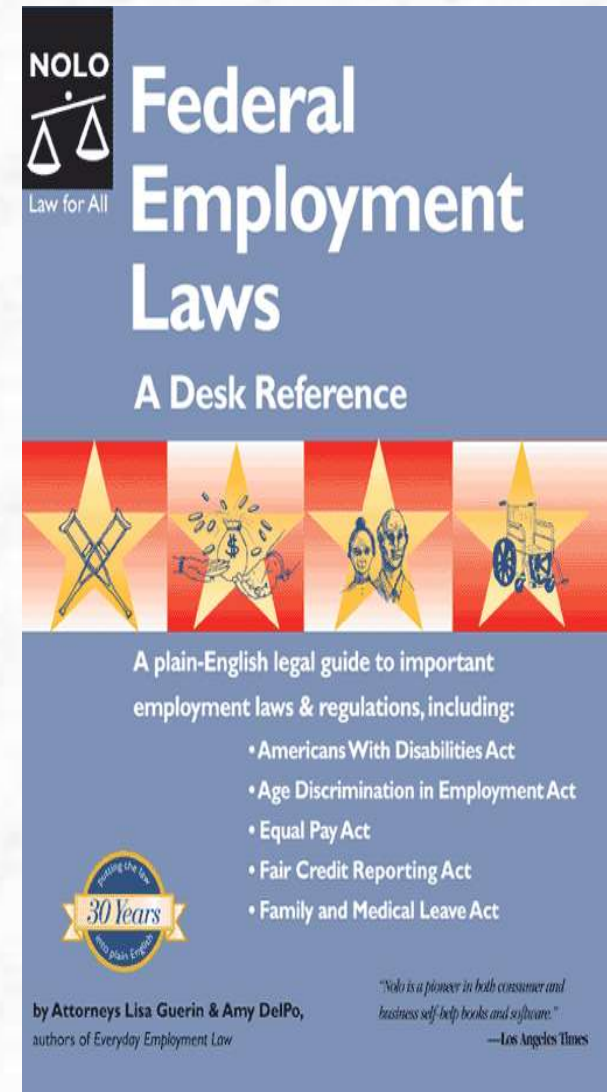


Regional Program Director: Myles Judd, (719) 271-6234

Referral: Base Ed, Bldg 383, 777-2710

Federal Employment Opportunities #11f

- **Veteran's Preference**
 - Honorable or General Conditions
 - 5 or 10 Point Award Criteria Vs 30%
 - 0-4 > Not Eligible w/o S/C Disability
 - [HTTP://WWW.OPM.GOV](http://www.opm.gov)
 - [HTTP://WWW.USAJOBS.GOV](http://www.usajobs.gov)
- **Special Hiring Authority**
 - ✓ Veterans Recruitment Appointment (VRA)
 - ✓ Veterans Equal Opportunity Act (VEOA)
 - ✓ 30 % Disability Program (no grade limit)
 - May appoint veterans without competition
 - No minimum service requirement
 - Disabled/Campaign Bdg/AFSM/Sep w/i last 3 yrs



Referral: A&FRC, Bldg 150, 777-4681

USAJOBS®

"WORKING FOR AMERICA"

What: (keywords)

Where: (city, state or zip code)

[Browse Jobs >](#)
[Advanced/International Search >](#)

[Search Jobs](#)

[First Time Visitors](#) [Why Work for America?](#) [Special Hiring Events](#)

[Individuals with Disabilities](#) | [Veterans](#) | [Students](#) | [Senior Executives](#)

[Site Map](#) [Contact Us](#) [Help/FAQs](#) [Employers](#) [Privacy Act and Public Burden Information](#)

This is a United States Office of Personnel Management website.
USAJOBS is the Federal Government's official one-stop source for Federal jobs and employment information.

- Understand Veteran's Preference
- Create resume and job agent
- Read the entire vacancy!!
- Be prepared / May need to address KSA's
- Class offered weekly at AFRC

Referral : [HTTP://WWW.USAJOBS.GOV/](http://www.usajobs.gov/)

NAF Hiring Preference #11g

- Eligible involuntary separatees (administrative separation initiated from their commander that is **not derogatory** in nature and which results in an honorable discharge). Contingent upon Separation Program Designator (SPD) code which conveys benefits.
- Includes separatees under SSB (Special Separation Benefit) and VSI (Voluntary Separation Incentive)
- Traditional blue-collar jobs within Services organizations
- You or family members may receive a one-time employment preference for NAF Jobs that you are qualified to perform
- Must utilize preference within one yr of ETS/DOS
 - WWW.NAFJOBS.COM or NAFCAREERS.COM
 - [75th ForceSupport.com](http://75thForceSupport.com) > NAF Employment

Referral: NAF, Bldg 460, 777-1080

State Employment Agencies/AJB #11h

- Veterans receive special consideration and priority for job training programs, referral, testing, and counseling from state employment offices.
- Be sure to ask for a VET REP!
- **Dept of Workforce Services**
 - WWW.SERVICELOCATOR.ORG
- **VETS** (Veterans' Employment and Training Services)
 - WWW.DOL.GOV/VETS/
- **USERRA**
(Uniformed Services Employment Reemployment Rights Act)
 - WWW.ESGR.ORG/USERRA.ASP



Referral: DWS, Clearfield 776-7800

One-Stop Career Centers #11i

➤ [HTTP://WWW.CAREERONESTOP.ORG/](http://www.careeronestop.org/)

- Designed to provide full range of assistance for job seekers under one roof
- Wide variety of electronic tools!
- Comprehensive database for job search
- Tracks wage and labor trends
- Combined federal, state, city and local employment resources, education and training are all under the DWS
- Assistance available with resumes, job search, training, testing, and assessment
- This is designed to be your primary transition assistance website resource

Referral: DWS, Clearfield 776-7800

[Explore Careers](#) : [Salary + Benefits](#) : [Education + Training](#) : [Job Search](#) : [Resumes + Interviews](#) : [People + Places](#)
[browse occupations](#) : [help a job seeker](#) : [salary info](#) : [write job descriptions](#) : [military transition](#) : [regional economic development](#)

People + Places [Home](#) > [Service Locator](#) > One-Stop Search
America's Service Locator [Providers](#) > [Login](#) [Workforce System Contacts](#)

Key to Career Success for Veterans, Service Members, and Spouses

America's Job Bank ceased operations on July 1, 2007. Link to state job banks, private-sector job banks and portal Web sites at www.jobbankinfo.org

Employers and jobseekers can find the services they need at a convenient One-Stop Career Center. To find other service provider locations relevant to employment, training, and economic development, click on a search type and enter a zip code to find local services near you. Or just pick up the US2-JOBS for direct assistance!

[Click here to learn more about "Yankee" available in "America's Service Locator!"](#)

Find It By Topic

- [Competency Clearinghouse](#)
- [Military Transition Portal](#)
- [Credentials Center](#)
- [Employment Center](#)
- [Relocation Center](#)
- [Financial Aid Center](#)
- [Skills Center](#)
- [Business Center](#)
- [Training & Education](#)
- [Testing & Assessment](#)
- [Labor Market Info](#)
- [Career Tools](#)
- [Newsroom](#)
- [Outreach & Teaching Materials](#)

Career Resource Library

[Browse By Subject](#)

State Gateway

Find (Select one)

- One-Stop Centers

Find a One-Stop Career Center

1. Enter Your Location :

Zip Code: OR City:

State:

2. Find a Center :

Within:

3. Click :

Find a One-Stop Career Center

- [Find a One-Stop Career Center](#)
- [Find a Service](#)
- [Keyword Search](#)
- [Office Search](#)
- [Find Unemployment Insurance Filing Assistance](#)
- [Maps](#)

Simply enter ZIP CODE to locate

Permissive Temporary Duty (PTDY) and Excess Leave #12a

Military members with an SPD code that conveys benefits

- **Mostly refers to retiree and SOME invol seps**
- **Seps code found in block 26 of DD 214**

Transition benefits include up to 20 days PTDY for:

- ✓ **Job Hunting**
 - ✓ **House Hunting**
 - ✓ **Other Transition / Relocation Activities**
 - ✓ **Subject to Command approval / Mission requirements**
- **May be taken in increments or all at once?**
 - **May also utilize excess leave/terminal leave...**

Referral: Cust Svc, Bldg 430, 777-1396

Travel/Transportation Allowances #12b

- **Home of Record/POE (Separatee)**
 - Vol separatees must complete travel w/i 180 days
- **Versus**
- **Home of Selection (Retiree)**
 - Retirees & non-vols must complete travel w/i 1 yr
- **No Dislocation Allowance for final move!**
- **Possible extended base housing rights**
 - For eligible Invol Seps, SSB, VSI (up to 180 days)
- **Add'l relocation info available at the A&FRC**
- **[HTTP://WWW.DEFENSETRAVEL.DOD.MIL/](http://www.defensetravel.dod.mil/)**

Referral: TMO, Bldg 430, 775-2849

Education Benefits #13a

UPDATED Post 9-11 GI BILL vs. MGIB

- Must have honorable discharge & meet time in service
- Became effective Aug 2009, 10yr eligibility > now 15 yrs
- Max 36 mo. of benefits - based on length of service
- Eligible for active duty, retired, and reserve

Transfer of eligibility to Dep (TEB)

- Conditional transfer to spouse and dep children
- Includes housing stipend (=E5/BAH RATE/ZIP CODE)
- **Must do so on while active duty! - Irrevocable decision**
- **May incur addtl obligated service requirement!**

➤ [HTTP://WWW.GIBILL.VA.GOV/](http://www.gibill.va.gov/)

Referral: Base Ed, Bldg 383, 777-9983



POST 9/11
GI BILL
It's Your Future

★ YOUR DUTY — OUR GRATITUDE



Welcome To The GI Bill Web Site

The Home For All Educational Benefits Provided By The Department Of Veterans Affairs



- Look for FAQ info link on any VA site

Referral: <http://www.GIBILL.VA.GOV>

Workforce Investment Act #13b

Post-military training opportunities

- Separating/retiring mbrs may be eligible for training and assistance in finding a job under the WIA
- Goal 1: To increase the employment, retention, and earnings of participants, and increase occupational skill attainment by participants
- Goal 2: Improve the quality of the workforce, reduce welfare dependency, and enhance the productivity and competitiveness of the nation
- Interested? Contact local state employment office
- WWW.DOLETA.GOV/USWORKFORCE/WIA/act.cfm

Referral: DWS, Clearfield, 776-7800

Additional Education and Training Options #13c

- **Small Business Administration**
 - **WWW.SBA.GOV or WWW.SCORE.ORG**
 - Provides Info for small business loans and guidelines for establishing a business.
- For further information and guidance on additional education services visit Base Education
- For additional business information also visit:
 - **WWW.SBA.GOV/VETS**
 - ✓ **Veterans Business Outreach Centers (VBOC)**
 - ✓ **Can provide mentorship, assessments, analysis, training, counseling or advice free of charge.**



Referral: <http://www.VETSUCCESS.GOV>

Licensing and Certification Information

#13d

DANTES has approximately 80 agreements with nationally recognized certification associations. In many cases, financial assistance is available to assist military personnel. DOD officials have signed agreements with some licensing and certification boards to cover the cost of tests given. Many other tests are covered under the MGIB.

-For licensing and certification information visit:

➤ [HTTP://WWW.DANTES.DODED.MIL](http://www.dantes.doded.mil)



Referral: Base Ed, Bldg 383, 777-9983

Build your future with O*NET OnLine.

Welcome to your tool for career exploration and job analysis!

O*NET OnLine has detailed descriptions of the world of work for use by job seekers, workforce development and HR professionals, students, researchers, and more!

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Keyword or O*NET-SOC Code:

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Browse groups of similar occupations to explore careers. Choose from industry, field of work, science area, and more.
Career Cluster

Advanced Search
Focus on occupations that use a specific tool or software. Explore occupations that need your skills.
Skills Search

Crosswalks
Connect to a wealth of O*NET data. Enter a code or title from another classification to find the related O*NET-SOC occupation.
CIP

green occupations
The green economy is changing tasks, skills, and jobs across the country. Discover important information for over 100 occupations going green.
[Learn More](#) [Search](#)

O*NET OnLine is created for the U.S. Department of Labor, Employment & Training Administration, by the National Center for O*NET Development.

ETA RECOVERY

[Help](#) [Find Occupations](#) [Advanced Search](#) [Crosswalks](#) [O*NET Sites](#)

Send comments or questions to [O*NET Info.](#)

- Military to civilian translator
- Cross reference AFSC codes or by job titles
- [HTTP://ONLINE.ONETCENTER.ORG/](http://online.onetcenter.org/)



Education Support to the DoD - Worldwide



DANTES #13e

- **Base Education Offices**
- **Educational Opportunities and Non-traditional Education**
 - **Certification Programs**
 - **Counselor Support Programs**
 - **Distance Learning Programs**
 - **Tuition assistance Programs**
 - **Examination Programs**
 - **GED,ACT,SAT, LSAT**
 - **Higher Education Programs**
 - **Reserve Component Programs**
 - **Troops to Teachers**
- **DANTES Standardized Tests**

➤ http://www.dantes.doded.mil/Dantes_web/DANTESHOME.asp

Referral: Base Ed, Bldg 383, 777-9983

Transitional Health Care Benefit #14a

- **Options vary depending –**
 - **Retired Vs Separated/ Vol vs invol**
 - **Must have SPD code that conveys benefits**
- **180 days extended military medical and limited dental benefit.**
 - **Refer to the MPS for a determination of eligibility.**
- **Must request Transition Assistance ID card and is your responsibility! (Retiree will have retired ID)**
 - **Critical to ensure eligibility and enrollment in DEERS**
- **For TRICARE info see Medical Treatment Facility Health Benefits Advisor**
- **Tricare Dental Prgm / Tricare Retiree Dental Prgm**
- **VA care may be available for service or combat related injuries**

Referral: TRICARE, Bldg 570, 728-2600

TRICARE Prime (RETIREE)

Annual Deductible	None
Annual Enrollment Fee	\$230/individual \$460/family
Civilian Outpatient Visits	\$12
Emergency Care	\$30
Outpatient Behavioral Health Visit	\$25 (individual) \$17 (group visit)
Civilian Inpatient Cost Share	\$11/day (minimum \$25 charge per admission); no separate co-payment for separately billed professional charges.
Civilian Inpatient Skilled Nursing Facility Care	\$11/day (minimum \$25 charge per admission)
Civilian Inpatient Behavioral Health	\$40 per day; no charge for separately billed professional charges

Referral: TRICARE, Bldg 570, 728-2600

Continued Health Care Benefit Program (CHCBP) #14b

- **Individuals who lose TRICARE eligibility or other coverage under the military health system are eligible for temporary coverage**
- **CHCBP is a premium-based health care program providing medical coverage for former military beneficiaries.**
- **Provides coverage for service members (and enrolled family members), certain former spouses not remarried, and children who lose military coverage due to age or marriage.**
- **Participation in the CHCBP is optional; however, it may be in the member's best interest under certain circumstances. Individuals should investigate/research closely.**
- **Refer members to Humana Military Healthcare Services, Inc., Attn: CHCBP, P.O. Box 740072, Louisville, KY 40201, call toll free 800-444-5445 or they may visit the web site at: <http://www.humana-military.com/chcbp/main.htm#basics>**
- **Current coverage costs:**
- **Individual = \$993/qtr or \$331/mo Vs Family = \$1996/qtr or \$655/mo**

Referral: TRICARE, Bldg 570, 728-2600

VGLI #14c

- **SGLI continues only for 120 days after separation**
 - Converts military life insurance to 5 year renewable term insurance policy
 - Applications are required within 120 days or 1yr and 120 days following separation
 - VGLI can be converted at any time to a individual permanent plan w/any of 54 participating companies
- **Shop around for the best deal!**
 - Understand term VS whole life insurance
 - Consider health risks versus actual needs and finances
- **Must submit request direct to OSGLI**
- **Totally disabled Veterans (100%) must apply for free coverage within 24mo**
 - Contact (800) 419-1473 or website below for more info
 - VGLI sample premium:
 - Age 40-44 = \$17.00/mo per \$100K or \$68.00/mo for \$400K

Referral: <http://insurance.va.gov/index.htm>

Vet Centers #14d

- The Department of Veterans Affairs Vet Center program operates a system of 232 community-based counseling centers.
- The Vet Centers are staffed by small multi-disciplinary teams of dedicated providers, many of which are combat veterans themselves, who provide readjustment counseling and outreach services to all veterans who served in any combat zone.
- Services are also available for family members for military related issues including bereavement counseling.
- ✓ 100% Professional and Confidential
- For more information about Vet Center services or to find the nearest Vet Center visit:
 - http://www2.va.gov/directory/guide/vetcenter_flsh.asp

Referral: Vet Center, SLC, (801) 584-1294

Vet Centers #14d



- **Salt Lake Vet Center**
1354 East 3300 South
Salt Lake, UT 84106
Phone: (801)-584-1294
Fax: (801)-487-6243

- **Provo Vet Center**
1807 No. 1120 West
Provo, UT 84604
Phone: (801)-377-1117
Fax: (801)-377-0227



Financial Management #15a

- **Personal Financial Readiness assistance and budget planning is available upon request with a Financial Consultant**
- **Calculating retired pay options can be overwhelming**
- **Options to explore may include –**
 - **TSP/SPB/Retired Pay/Air Force Aid/ and VA Disability Compensation**
 - **Wide range of assistance for AFW2 (Wounded Warriors)**

Referral: AFRC, Bldg 150, 777-4681

Financial Management #15a

- **Survivor Benefit Program (SBP)**
 - Retired pay stops when you die!
 - The Survivor Benefit Plan (SBP) helps make up for the loss of part of this income. It pays your eligible survivors an inflation-adjusted monthly income.
 - Premiums deducted from retired pay by allotment
 - Consider tax advantage reduction of overall tax from retired pay
 - Basic SBP for a spouse pays a benefit equal to 55 percent of your retired pay
 - Mandatory appointment with Gayle McCloy (801) 777-2863
 - Paid up status when you reach age 70 and 30 yrs of payments
 - Online calculator and info available @
 - <http://www.defenselink.mil/militarypay/survivor/sbp/index.html>

Referral: AFRC/SBP, Bldg 150, 777-2863

Financial Management #15a

- **THRIFT SAVINGS PLAN (TSP)**
 - Consider becoming a civil service employee and you will be eligible for matching contributions
 - 1% agency automatic up to 5% of basic pay.
 - Continued investing is encouraged even upon separation and retirement
 - Consider a loan against your TSP account
 - May use for GENERAL PURPOSE or RESIDENTIAL loan
 - \$1K Min to \$50K Max / **Interest rate only 3%**
 - Options
 - Maintain and manage investments
 - You may transfer to eligible 401K/Traditional IRA
 - You may withdraw = \$\$ Penalty \$\$
 - Request TSP Annuity (\$3500 min bal)
 - Online information and account info available @
 - Visit website: <http://www.tsp.gov/>

Referral: Finance (TSP), Bldg 430, 777-1851

Separation Pay #15b



INVOLUNTARY SEPS ONLY

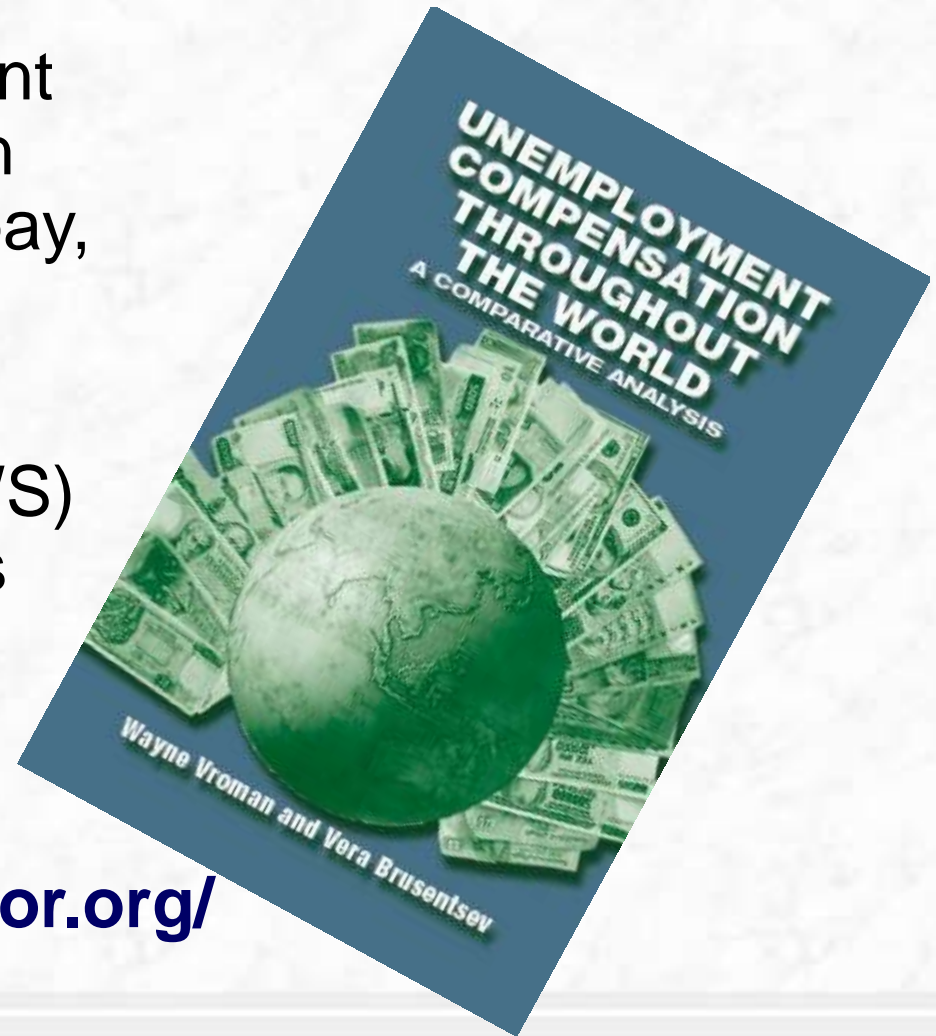
- Members may be eligible for separation pay **depending on their SPD code**
- Most cases require 6 yr minimum active duty
- **Contact your separations clerk to inquire**
- **no correlation between separation pay and transition benefits**

Referral: Career Development, Bldg 430, 777-1661

Unemployment Compensation #15c

- Eligibility for unemployment compensation is based on separation or retirement pay, including separation pay
- Contact applicable state unemployment office (DWS) for application procedures
- **Each state is different**

➤ <http://www.servicelocator.org/>



Referral: DWS, Clearfield, 776-7800

Other Financial Assistance #15d

- Qualified Veterans are eligible for VA loans, Small Business Administration (SBA) Loans, and other government grants and loans. To obtain VA certificate of eligibility go to VA regional office for VA form 26-1880.
- **VA loans and certificate of eligibility**
 - <http://homeloans.va.gov/eligibility.htm>
- **Small Business Administration**
 - <http://www.sba.gov/>
- **Personal Financial Management**
 - A&FRC can help you prepare financially
- **Other governmental grants and loans**
 - <http://www.grants.gov>
- **Housing and Urban Development (FHA LOAN)**
 - <http://www.hud.gov>



Referral: A&FRC, Bldg 150, 777-4681

Reserve Affiliation #16

- 8 yr Mil Svc Obligation
- Priority Placement (1 yr) for eligible non-vol separatees
- Advantages of Volunteer Reserve Duty
 - Extra Pay
 - Possible Promotion
 - Military Retirement
 - TRICARE Reserve Select
 - Reserves Dental Plan
 - BX/Commissary Privileges
 - Education Assistance
 - Space-A Travel
 - SGLI
 - Legal Assistance



Referral: In Svc Recruiter, Bldg 555, 777-3959, MSgt Steven Ewert

❑ Associated Reserve Websites

For an explanation of benefits, all separating Guard and Reserve Recruiters go to:

- <http://www.afrc.af.mil/>
- <http://www.ang.af.mil/>
- <http://www.navalreserve.com/index.jsp>
- <http://www.marforres.usmc.mil/>
- <http://www.usar.army.mil/arweb/pages/default.aspx>

VA #17



Veteran's Benefits Briefing

- **Most important brief within TAP**
- Disability compensation/pension
- Education and training benefits (includes family)
- Medical care (s/c disabilities free)
 - Don't count on this as sole source of health insurance
- Life insurance
- Home loan guaranty (zero down) and adaptation assistance
- Voc Rehab and Employment (SBA)
- Family and survivor benefits
- Free burial in a National Cemetery
- ✓ **Consider location of VA regional office**

➤ <http://www.va.gov/>

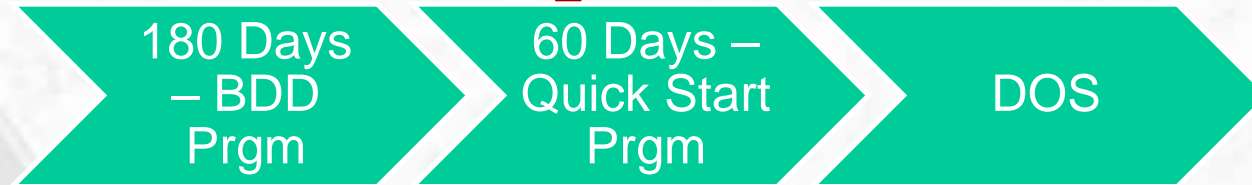
Referral: A&FRC, Bldg 150, 777-4681

DTAP #18a

- Provides members who are separating or retiring for medical reasons (as well as those who believe they may have a disability) with specialized information about the VA's Vocational Rehabilitation Program and details on how to apply for this program.
- DTAP also explains how to obtain individual counseling aimed at learning how to handle a disabling situation.
- Last day of TAP employment workshop
- Also available on-line at:
 - <http://www.vba.va.gov/bln/vre/index.htm>
 - <http://www.vetsuccess.gov>

Referral: A&FRC, Bldg 150, 777-4681

VA Disability Benefits 18b



- **Benefits Delivery @ Discharge Prgm or Quick Start**
- **Veterans who receive a service related disability from an injury or disease during active military duty may qualify for VA Medical Disability Compensation and free medical care.**
- ✓ **Request a complete copy of your medical records immediately and bring them for initial review!**
- ✓ **You must inquire and provide copies of off base medical records also**
- **Fill out Application for Compensation or Pension VA Form 21-526.**
- **VA or DAV Rep. can help expedite your claim.**
- **Bottom line – File now to receive VA compensation sooner**

Referral: A&FRC, Bldg 150, 777-4681

VA Disability Benefits

For free assistance, you may go to:

- **Contact your local VA Regional Office**
 - SLC UT – (800) 827-1000
- **HAFB Military Services Coordinator- (VA REP)**
 - William Degolyer (801) 586-9545
 - **Available by appt @ AFRC Thursdays only!**
- **Disabled American Veterans (DAV)**
 - SLC UT – Daniel Rioux (801)326-2375
 - **Available by appt @ AFRC Wednesdays only!**
- **Veterans of Foreign Wars (VFW)**
- **American Legion (AL)**

❖ The TAP Seminar covers disability benefits in great detail

Referral: See above numbers

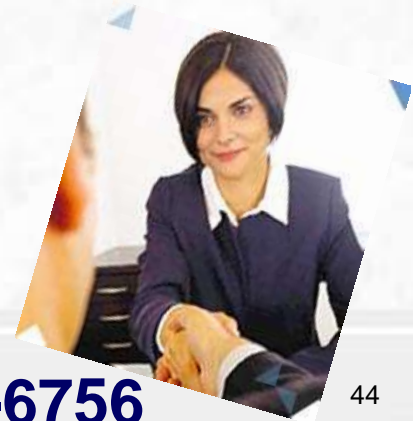
Additional Benefits

- **Free State and Federal Park passes**
- **Many states offer free tuition**
- **May be eligible for property tax abatements**
- **May not have to pay for motor vehicle registration**
- **Priority on hiring for Federal, State and local job vacancies**
- **Check with your State VA Office!**

Referral: A&FRC, Bldg 150, 777-4681

Post Government Employment #19

- **Mandatory Briefing Requirement**
- **All DoD personnel who have filled out a OGE Form 450, a Financial Disclosure Statement, should contact SAF/GCA for information to see if there are any restrictions about leaving federal service for the private sector. Those that are in the “Contracting” arena should also contact the Legal Office.**



Referral: Base Legal, Bldg 1278, 777-6756

Individual Transition Plan #20

- Sample ITP's available
- Self-help tool
- Provide the plan/document
- Helps ensure your key to a successful transition!

The image shows a sample Individual Transition Plan (ITP) form, tilted at an angle. The form is divided into several sections with pink and light blue headers. The sections include:

- PERSONAL INFORMATION:** Fields for name, address, phone, and email.
- EMPLOYMENT HISTORY:** A table with columns for Employer Name, Dates, Position, and Reason for Leaving.
- EDUCATION HISTORY:** A table with columns for School Name, Dates, Degree, and Major.
- GENERAL INFORMATION:** Fields for Social Security Number, Date of Birth, and Marital Status.
- FORMER EMPLOYERS:** A table for listing previous employers.



Referral: A&FRC, Bldg 150, 777-4681

DD Form 214

- Your DD214 is the **MOST** important document and should be protected.
- Ensure you make several certified true copies and store in a **SAFE** place.
- Ensure correctness while on active duty through **VMPF**.
- Original mailed 2-4 wks after DOS
- **DD214 is required for federal employment!**
- Coordinate through **VMPF** and **HQ AFPC**

Referral: VMPF or HQ AFPC

Proof of Service Letter

- **Must login to VMPPF**
 - **Go to SELF SERVICE ACTIONS**
 - **Go to Personal Data**
 - **Go to Proof of service letter**
- **You must print this document prior to losing access to VMPPF.**
 - **Retiree ltr is slightly different than regular separation – Pls see examples.**
 - **This letter may be used if seeking immediate federal employment until you get your DD214!**
 - **Once you recv your DD214 you will need to submit to HR if already hired.**
 - **You may also be required to provide a Character of service letter?**

Access to VMPPF after DOS

- **Contact Total Force Service Center
(800)525-0102**
- **Use option 8/ then Option 1**
- **You will need to create a temporary ID and password to access the system after DOS to print your proof of service letter.**
- **Your DD214 will now be available online at midnight on DOS!**

Register for Ebenefits today!

- Register for an eBenefits Premium Account (www.eBenefits.va.gov). An eBenefits Premium Account will allow you online access to your Official Air Force Personnel Record (DD 214, Performance Reports, etc.) after separation/retirement. The Premium Account will also provide online access to check the status of claims with the Department of Veteran Affairs.

Referral: WWW.EBenefits.VA.GOV

We will now complete
Supplemental Presep Counseling Checklist
Page 3

For Questions or answers please contact a Transition/Employment Consultant as soon as possible.



Please take advantage of the free material on the back counter! Thanks for your service and Good Luck !!

Referral: A&FRC, Bldg 150, 777-4681